



The Alliance of Eastside Agencies' (AEA) mission is to build healthy communities in East King County through a strong human services network by providing a strong voice for Eastside health and human services and by promoting organizational excellence among providers.

BOARD: Joseph Adriano, David Johns Bowling, Jeff Bradt, Brooke Buckingham, David Downing-*Co-Chair*, Debra Grant-*Co-Chair*, Lori Guilfoyle, Katherine Jordan, Stan Kehl, Paula Matthyse, Pam Mauk-*Treasurer*, Leslie Miller, Helen Banks Routon, Andrea Simmonds, Sarah Steining, Rochelle Clayton Strunk-*Secretary*, Barbara Thompson, Gina Yarwood-*Vice-Chair*.

2013 HUMAN SERVICES AWARD WINNERS:

*Business of the Year: CFO Selection; Elected Official: Amy Walen, Kirkland City Council
Faith Organization: Snoqualmie Valley Alliance Church; Not-for-Profit Staff: Daniel Hanson;
Legacy Award: Mimi Siegel; Volunteer of the Year: Art Mabbott; Youth Volunteer: Eila Sturdivant*

AEA eNews

Our monthly member newsletter – April 2014

AEA News!

➤ **AEA Spring Training – Free for AEA Member Agencies**

Date: April 30, 2014

Time: 8:30 AM - 12:30 PM Lunch: 12:30 – 1:30

AEA's social/networking committee requests a \$5 contribution towards the lunch they are hosting.

Location: Youth Eastside Services (YES), 999 164th Ave NE, Bellevue 98008

To Register: go to <https://www.eventbrite.com/e/spring-training-tickets-11132829593>

“Keys to Effective Supervision”

Learn how to be an even better supervisor. This half day course covers the basics that every supervisor needs to know: how to motivate employees, how to address problem behaviors, and how to build cohesive teams.

You'll learn how to:

- Leverage the most effective motivational techniques
- Talk to employees about unpopular management decisions and policies
- Effectively incorporate new people into your work group
- Get employees to focus on the most important tasks
- Build alignment around goals and strategies
- Lead from the middle
- Deal with problem employees

- Build a high performance team
- Give meaningful feedback

Trainer: Jeff Bradt, CEO, EADS Day Services. As a civil rights investigator with the Minnesota Dept. of Human Rights, Jeff investigated hundreds of civil rights complaints involving employee performance management systems. That experience sparked a lifelong interest in performance management and led to his service as the Executive Director of Human Resources for several large Minnesota public and nonprofit organizations, including Minneapolis Public Schools, the state's largest public sector employer. Jeff has presented at several national and international conferences on performance management.

➤ **Nominate someone for an Eastside Human Services Award**

The AEA gives awards of recognition for Eastside human services!

Do you know anyone who has demonstrated outstanding dedication and vision in human services? If so, help the Alliance of Eastside Agencies give this individual or organization the recognition he/she/they ought to have.

The awards will be presented on June 4, 2014 at our AEA Awards Luncheon. Awardees are nominated annually by you, our AEA members. [Fill out the form on our website](#) and submit it by May 1, 2014, at 5 PM. We want to hear from you!

Nominations can be in one of the following categories:

- Volunteer of the Year:
- Business of the Year:
- Youth Volunteer:
- Not-for-Profit Staff Member
- Faith Organization:
- Elected Official:

To nominate someone for one of these categories click on this link:

<http://www.allianceofeastsideagencies.org/2014nom.html>

➤ **Save the Date: June 4**

AEA's Spring Awards Luncheon will once again be held at Bear Creek Country Club. Watch for emails with more details.

Advocacy

➤ **Advocate at Eastside City Councils**

North and East cities are getting ready to prepare for their 2015-2016 budgets, which include human services funding recommendations. AEA is urging its members to sign up for advocacy opportunities in front of Bellevue, Redmond, Kirkland, Sammamish, Kenmore, Issaquah, and Shoreline councils. [Sign up here!](#) You may find it helpful to use our advocacy [messaging template](#).

Featured Member Agency of the Month

➤ **The Sophia Way**

The mission of The Sophia Way is to help end homelessness for adult women in East King County by providing shelter, life skills training, social services and supportive permanent housing, offering a path from homelessness to stable independent living. [The Sophia Way](#) believes in the necessity of shelter and safe living conditions for all persons. The goal is to address this fundamental need of citizens in the community and to improve the quality of life for adult women who need shelter. The Sophia Way believes in equality of all, cherishing diversity, and treating each person—client, volunteer, donor, staff—with the same respect, dignity, and care. The Sophia Way’s programs include:

- **Sophia’s Place:** A shelter for adult women experiencing homelessness in East King County including Case Management, life skills training, and a companionship program to assist on the journey to independence.
- **Sophia’s Home:** A continuation of services that includes subsidized apartment housing, a community home, and help with applying for affordable housing options.
- **Eastside Emergency Shelter for Women and Families with Children:** The Sophia Way operates and manages an emergency drop-in shelter for women and children which includes warm meals and a safe place to sleep.

More information about The Sophia Way can be found at <http://www.sophiaway.org>. Find The Sophia Way on Facebook at <http://on.fb.me/Xi8dOw> or follow The Sophia Way on Twitter – @thesophiaway.

AEA Member News

➤ **New Organizations and Services at Together Center**

Veterans Services have launched at Together Center, and two important organizations have joined Together Center’s campus full-time.

- Kristina Setchfield, VSO, will assist veterans and their family members by appointment or drop-in on Tuesdays from 9 am to 12:30 pm in Together Center’s Advocate Office. Ms. Setchfield can assist with disability claims, resources, peer supportive services, GI Bill questions, and homeless services, among other supports. To contact Kristina Setchfield, call or text 206-484-1016 or e-mail her at Kristinas@ths-wa.org.
- Washington Autism Alliance & Advocacy (WAAA) joined the campus in March. WAAA works on policy issues at the state level and works one on one with families and school districts to ensure treatment is available for people with autism. (Learn more at www.washingtonautismadvocacy.org.)
- Nourishing Networks Central (NNC) also joined in March. NNC is the backbone organization that supports the development and sustainability of local nourishing networks. (Learn more at www.nourishingnetworks.net.)

Just one suite remains available at Together Center, an office with 1,444 square feet and 4 windowed offices. However, for those wanting a small office or two, WAAA is

interested in subleasing some of their space to the right nonprofit organization. Contact Pam Mauk at 425-869-1174 or pamm@togethercenter.org for more information.

Workshops/Conferences

➤ **24th Annual Conference on Ending Homelessness**

Join the Washington Low Income Housing Alliance and over 500 homelessness providers and advocates from around the state for a dynamic mix of workshops, speakers, and exhibits—all focused on ensuring everyone in Washington has access to a safe, healthy, and affordable home. [Visit their website](#) to learn more about exciting opportunities and programming at the conference. In addition to 50 workshops, the conference will also include a reception, networking opportunities, self-care programming including community acupuncture, and four brand-new short films from the [Seattle University Film & Family Homelessness Project](#).

Dates: May 21 and 22, 2014

Location: Yakima Convention Center in Yakima, Washington

Early registration rates end on April 15, 2014. Start the [registration process here](#).

Funding

➤ **Municipal Human Services Grant Applications**

The common applications used by participating cities to receive requests for human services funding can be found on their website: www.share1app.culturegrants.org. Applications are due April 23, 2014.

From our AEA Partners

➤ **Eastside Human Services Forum's June Event**

Thursday, June 12th, 7:30-9:30 a.m. Red Lion Ballroom, 11211 Main St., Bellevue
"Toward a Livable Wage: Implications for Business, Community, and Nonprofits"

Join this East King County discussion spurred by the Seattle debate regarding a minimum wage increase. This event is part one of three on this topic. Register [here](#).

- ***Thanks for reading our newsletter. Watch for us next month.***
- **AEA Board of Directors**