



*The Alliance of Eastside Agencies' (AEA) mission is to build healthy communities in East King County through a strong human services network by providing a strong voice for Eastside health and human services and by promoting organizational excellence among providers.*

BOARD: Joseph Adriano, David Johns Bowling, Brooke Buckingham, David Downing-*Co-Chair*, Stan Kehl, Paula Matthyse-*Interim Secretary*, Pam Mauk-*Treasurer*, Leslie Miller, Helen Banks Routon, Andrea Simmonds, Sarah Steininger, Rochelle Clayton Strunk-*Interim Co-Chair*, Barbara Thompson, Gina Yarwood-*Vice-Chair*.

**2014 HUMAN SERVICES AWARD WINNERS:**

*Business of the Year: Small Threads for Kids; Elected Official: Jane Hague, KC Council; Faith Organization: Cascade Covenant Church; Not-for-Profit Staff: Karina Woodruff; Volunteer of the Year: Mabel Graham; Youth Volunteer: Alaina Blyth; Legacy Award: Sharon Anderson; Outstanding Eastside Philanthropist Award: Bill Henningsgaard; Community Impact Award: Marilyn Mason-Plunkett.*

# AEA eNews

*Our monthly member newsletter – December 2014*

## **AEA News!**

➤ **Time to Join AEA or [Renew](#) your AEA Membership!**

*A message from our Co-Chair, David Downing*

Happy almost 2015! It seems like the pace we are all keeping these days in our sector is a sprint and the distance level a marathon. With health care reform and the integration of our sector with the medical field, many of us in human services remain unclear and are learning what this means, as well as many other changes affecting our sector. We will hit the ground running in 2015 and we need your continued membership, support and participation!

**2014 has been an active year for AEA—some highlights of AEA actions this year:**

- Represented the Eastside voice on the King County Health & Human Services Transformation Panel and helped guide direction of this important strategic plan.
- Represented the voice of us, the providers, and the voice of our program participants at Eastside city council meetings to educate the councils on the important work we do. During budget time advocated for continued and increased human services funding.
- Provided timely updates and information through our monthly e-newsletter.
- Recognized excellence in human services through our signature event, our 10th Annual Human Services Awards Luncheon.
- Trained agency leaders in “Keys to Effective Supervision.”

- Promoted social networking through hosting events, such as our March Tutta Bella social.
- Represented the provider voice on the Eastside Human Services Forum Board.
- Represented the voice of Eastside providers and clients through holding a key role on the King County Alliance for Human Services Strategy Team.

**Much is to be accomplished in 2015!** Currently we have our holiday networking social coming up in January, and our Winter Community Forum on February 4th (see details for these events in this newsletter.) To accomplish our important work we need all of your voices, participation and support by joining or renewing AEA membership today. **If you renew or join by January 19th you will be entered into a drawing for a \$100 gift card to be used in any way you wish!**

**Renewal & joining is easy—simply go to our website provided below and follow instructions:** [www.allianceofeastsideagencies.org/joinaea.html](http://www.allianceofeastsideagencies.org/joinaea.html).

If you have any questions please contact David Downing, AEA co-chair and Youth Eastside Services, Associate Director at 425-586-2327 or [davidd@youtheastsideservices.org](mailto:davidd@youtheastsideservices.org).

➤ **Welcome New Member**

**Thanks for joining:** Community Homes of Bothell.

➤ **Please join us for AEA's annual assembly on February 4<sup>th</sup>.**

**“Your Voice Matters — Health and Human Services Integration”**

The planning and integrating of social services, behavioral health, prevention and medical services is happening NOW in Washington State, King County and here in East King County. Goals of this integration include: improving the care experience of individuals as well as population health outcomes, while decreasing overall costs.

This is an exciting time, yet one that creates many questions. What exists now? How will integration impact the work of service providers and other partners in the community safety net? Come to the Assembly to learn from lead representatives of Washington State, King County, Funders and policy influencers to be informed, to engage in the conversation and to have your voice heard in how this process will best work for our Eastside residents and users of services.

Wednesday, February 4, 2015  
 Redmond City Hall  
 15670 NE 85th St, Redmond, WA 98052

Registration: 12:30 pm  
 Program: 1:00 pm-4:00 pm

Featuring Keynote Speaker, Charissa Fotinos, M.D., Deputy Chief Medical Officer, Washington State Health Care Authority

Panel to include:

- Dr. Eric Murray, President, Cascadia College - Panel Moderator
- Sara Levin, Vice President of Community Services, United Way of King County
- Teresita Batayola, Executive Director, International Community Health Services
- Susan McLaughlin, PhD. Health & Human Services Integration Manager, King County Department of Community and Human Services
- Laura Porter, Senior Director of ACEs Learning Institute, Foundation for Healthy Generations

YOUR VOICE IS IMPORTANT...[Register Today!](#) Free Admission.

(EventBrite: <http://aea-annual-assembly.eventbrite.com>.)

Please share this invitation with others in the community! We hope to see you there!

#### ➤ **Goodbye to two Board Members**

The AEA Board thanks Co-chair Debra Grant for her active service on the board as she moves on from Hopelink and the Eastside. The board also recognizes Lori Guilfoyle for the many years of service for AEA as she leaves United Way for a position in South King County. Rochelle Clayton Strunk will be acting as interim co-chair and Paula Matthyse as the interim secretary until the elections are held at AEA's Annual Assembly on February 4<sup>th</sup>.

#### ➤ **Election for AEA Board of Directors**

The Board of Directors welcomes AEA members to submit their names if they are interested in being elected to the Board. The election will be held during the Annual Assembly on February 4<sup>th</sup>.

#### ➤ **New Year Networking Get-Together**

January 21, 2015 at 4:30pm-6:00pm

Blue C Sushi in Bellevue Square

Join fellow AEA members for fun and networking time during happy hour. AEA will provide some appetizers.

## **Member News**

#### ➤ **ELAP's first Lecture for 2015**

***How does the New Immigration Law affect My Future?***

Date: Tuesday, January 6, 2015

Time: 6:00 PM-8:00 PM

Location: Bellevue Public Library, 1111 110th Ave NE

Topic: Immigration

Speaker: Jay Stratton

The workshop will be in English with limited Spanish translation.

To RSVP: Contact Esperanza Borboa, 425.747.7274 Ext. 207 or [Esperanza@elap.org](mailto:Esperanza@elap.org).

#### ➤ **Crisis Clinic offers new Trainings**

- Suicide & Crisis Intervention (6 CEUs)
- ASIST | Applied Suicide Intervention Skills Training (13 CEUs)

- The Art of Referral & Accessing Community Resources
- Dealing with Difficult People

Call 206-436-2978 or email them at: [training@crisisclinic.org](mailto:training@crisisclinic.org) for more information.

## **Community News**

### ➤ **Free Educational Event about Marijuana use - Jan. 7 on Mercer Island**

The Mercer Island Communities That Care Coalition, in partnership with Mercer Island Parent Education and Mercer Island High School are bringing Dr. Leslie Walker, Chief of the Division of Adolescent Medicine at Seattle Children's, to present on *Raising Healthy Teenagers: Helping Teens Safely Navigate Legal Marijuana*.

Here is a preview of Dr. Walker talking about the risks of marijuana use:

<https://www.youtube.com/watch?v=hhVDf8MEiDA&feature=youtu.be>

January 7, 2015 at Mercer Island High School Performing Arts Center 7:00pm-8:30pm.

Time for questions and discussion will follow Dr. Walker's presentation.

- ### ➤ ***Thanks for reading our newsletter. Watch for us next month.***
- **AEA Board of Directors**